

Case Study for Medical Rehabilitation

Mr X is a 21 year old man. He was a passenger in his friend's car, when it skidded into a telegraph pole and over turned. Mr X was taken to hospital and later discharged without any significant injuries.

A few days later, he began suffering with severe abdominal pain and returned to hospital. On examination he was diagnosed with a perforated intestine and was taken to theatre for an ileostomy.

Following his operation Mr X remained under the NHS for his treatment and was eventually discharged home with a long term ileostomy.

ICMC were contacted by the Insurance Company to see if they could find out more about Mr X's injuries and whether he needed help with his recovery.

Initially, it appeared Mr X had made a good recovery. However, when the Case Manager met with Mr X, it became apparent that he was very conscious of his ileostomy. Mr X explained he found it very uncomfortable getting undressed in front of people and he was eager to have the ileostomy reversed. The Case Manager agreed she would write to Mr X's doctor to find out what was happening and when the ileostomy was going to be reversed on the NHS.

Mr X's doctor informed the Case Manager that it would be at least 2 years for the operation on the NHS as this type of procedure was considered non urgent because it didn't have any impact on the hospitals waiting list targets.

The Case manager contacted the Mr X's doctor to ask if this could be arranged privately. A price was agreed and funding was sought from the Insurance Company.

The Medical Case Manager arranged for MR X to have his operation privately within 6 weeks. A further 6 weeks after this Mr X had made a full recovery and was able to return to work.